



Community Connection

Hi there,

Navigating dementia as a caregiver for someone living with the disease can be confusing, frustrating, exhausting and a host of other emotions that I'm certain you've experienced. In my work advocating for family caregivers and educating senior care professionals so they can better assist you and your loved one, I consistently see the need to streamline access to resources.

I'm so delighted to share **Dementia Map** with you! It's the newest, and only global, resource of its kind available at no cost to give you and your loved one 24/7 access to Alzheimer's and dementia care resources. Dementia Map was created by two individuals well-known in the dementia care and advocacy space – Lori La Bey of **Alzheimer's Speaks** and Dave Wiederrich of **Memory Café Directory**.

You may remember when I chatted with Lori on how to make the long days of caregiving seem shorter. **Watch the replay of the #CaregiverChats.**

The resource directory is filled with nearly anything you can imagine from activity kits designed specifically for those living with dementia to caregiving training, meditation practices and support resources like home care, financial planning and palliative care.

I encourage you to bookmark Dementia Map and spend some time checking out the site. I'm sure you'll find it helpful! I especially love the Events section that lists a number of online events that can connect you with resources and individuals that you may not have had access to previously.

Kind regards,
Dr. Lakelyn Hogan
Home Instead

P.S. – I'd love to hear from you – tell me your favorite Alzheimer's and dementia caregiving resources. Email me: livechat@homeinstead.com.

Alzheimer's and dementia home care services are available

In-home care provides assistance to your loved one wherever they call home.

CALL 888-564-9574

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